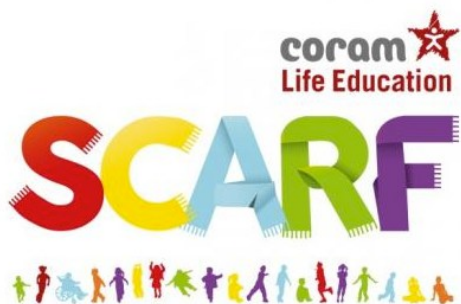




PSHE

Year 1 Autumn 1: Me and My Relationships

Your child will be learning about:

feelings

special
people

being a good
friend

In this unit, children will explore the skills needed for successful friendships and teamwork. They'll also be thinking about people who are special to them and who they can turn to for help when needed.

Please follow this link to family learning resources that provide age appropriate activities for children and their families to do together.

<https://www.coramlifeeducation.org.uk/family-scarf/sarf-at-home/me-and-my-relationships>