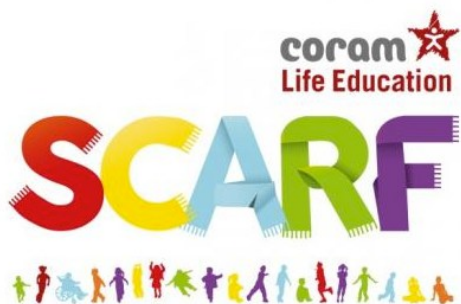




PSHE

Year 5 Autumn 1: Me and My Relationships

Your child will be learning about:

**friendship
skills**

compromise

**assertive
skills**

In this unit, children will learn the characteristics and skills in assertiveness. They will learn how to resolve conflict in an assertive, calm and fair manner. They will apply their collaborative skills to friendships and assertiveness.

Please follow this link to family learning resources that provide age appropriate activities for children and their families to do together.

<https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/me-and-my-relationships>